

Report to	Trowbridge Area Board
Date of Meeting	08/11/2018
Title of Report	Health and Wellbeing Funding

Purpose of the report:

To consider the applications for funding listed below

Applicant	Amount requested
Applicant: TCAF Project Title BA14 Kindness Cafe	£2,934.60
Applicant	Amount requested
Applicant: Alzheimer's Society Project Title: Gardening Project	£1,290

1. Background

Area Boards have authority to approve Area Grants under powers delegated to them. Under the Scheme of Delegation Area Boards must adhere to the [Area Board Grants Guidance and HWB Guidelines](#).

2. Main Considerations

2.1. Councillors will need to be satisfied that funding awarded in the 2018/2019 year is made to projects that can realistically proceed within a year of it being awarded.

2.2. Councillors must ensure that the distribution of funding is in accordance with the Scheme of Delegation to Area Boards.

2.3. Councillors will need to be satisfied that the applications meet the Community HWB grants criteria.

3. Environmental & Community Implications

Grant Funding will contribute to the continuance and/or improvement of health and wellbeing of older/vulnerable people in the community area, aiming to prevent social isolation and loneliness and work towards prevention of care admissions, the extent of which will be dependent upon the individual project.

4. Financial Implications

Financial provision had been made to cover this expenditure.

5. Legal Implications

There are no specific legal implications related to this report.

6. Human Resources Implications

There are no specific human resources implications related to this report.

7. Equality and Inclusion Implications

Community Area Boards must fully consider the equality impacts of their decisions to meet the Council's Public-Sector Equality Duty.

Community Area Grants and HWB grants will give local community and voluntary groups, Town and Parish Council's equal opportunity to receive funding towards community based projects and schemes, where they meet the funding criteria.

8. Safeguarding Implications

The Area Board has ensured that the necessary policies and procedures are in place to safeguard children, young people and vulnerable adults.

9. Applications for consideration

To consider the applications for funding listed below

Applicant	Amount requested
Applicant: TCAF Project Title BA14 Kindness Cafe	£2,934.60

The application was considered by the October meeting of Trowbridge Health and Wellbeing group and the following recommendations made;

Applicant	Project	Positives	Negatives	Recommendation to area board
TCAF Total Cost £3,934.60 Requested £2,934.60	Kindness Café- fortnightly peer support 'café' at HUB designed to support older people in the community with health advice and information, workshops on key health topics and support to access information on health	*There is an identified need for better health and wellbeing information and support to access services *The project builds upon use of the HUB to date and gives it a more proactive role in community *The HUB has a team of volunteers and supporting agencies in place	*HUB is maybe not all that well known, needs more promotion *Is venue big enough if it takes off?	Award in Full £2,934.60 subject to following conditions; *applicant to actively promote activities on offer through press, leaflets, posters in key locations e.g. surgeries. And via contacts with members of HWB group *Applicant to work towards longer term sustainability

	and care services	to support the project *Project idea has the support of other organisations *Good central/accessable venue		by fundraising and by linking in with developments on East Wing/other opportunities to relocate to bigger venue in future.
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The total project cost is £3,934.60 to include staffing costs, resources and materials. Match funding of £1,000 is shown from partner and volunteer contributions, leaving a shortfall of £2,934.60 which is the amount applied for to the area board.

The Health and Wellbeing Group recommended approval of this application for the Full Amount subject to the conditions that

- **the service is well advertised across Trowbridge area**
- **that TCAF looks to the longer-term sustainability of the project, linking in with developments on East Wing/other opportunities to relocate to bigger venue in future.**

TCAF has confirmed that the lease on the HUB has been signed for the next year.

Applicant	Amount requested
Applicant: Alzheimer's Society Project Title: Gardening Project	£1,290

The monthly Trowbridge Gardening Café at Palmer Gardens, being piloted at present, will bring people with dementia and their carers together to chat about plants and gardens in a supportive social setting. A garden expert will give a short seasonal talk or lead an activity and group members will be able to discuss gardening tips and techniques and reminisce about gardens they have known. This group brings together a much-loved hobby and important social interaction, along with the sights, textures, colours and smells of nature that are so beneficial for people with dementia.

- The Gardening Club Supports people with dementia and their carer's, and this is an identified local priority.
- Trowbridge is a major centre of population in Wiltshire but has historically had limited dementia-specific services, and for a long time the Mill Street Day Club was the only service available. This has started to be addressed in the past few years with Music for the Mind and the Trowbridge Health Centre Memory Café being established. The Gardening Café complements these existing services, providing choice and variety of services to the people of Trowbridge.

- Many dementia-specific activities are perceived by men with a diagnosis of dementia as being more 'female', such as exercise, art or singing groups. People with dementia are just as diverse and have just as many differing interests as the rest of the population, so it is important that the activities offered to them reflect this. The Gardening Club is part of our commitment to offering a range of activities so that there is something for everyone who has dementia.
- Family carers often feel isolated and overwhelmed by the responsibility of looking after their loved one who has dementia. They tell us that it is good to be out of the house, meeting other people and doing something different. They also appreciate the opportunity to share their experiences and seek expert advice.

The total project cost is £2,013 to include costs of resources/materials and co-ordinator. Match finding of £690 is shown in donated venue costs and volunteer time, leaving a shortfall of £1,290 which is the amount applied for to the area board.

This application was considered by the Trowbridge health and Wellbeing group in October 2018 and the following observations made

<p>Alzheimer's Support Total Cost £2013</p> <p>Requested £1290</p>	<p>Garden café for people with Dementia and Carers, Palmer Gardens. Gardening, workshops and talks, reminiscence work</p>	<p>*Helps complement activities already of offer for people with dementia locally *Provides opportunities for carers to get out and about also, to benefit from peer support and positive activities * Good venue, disabled friendly *Café already on site</p>	<p>* Client contribution might put some people off ? * Can people with dementia attend without carers? there are volunteers</p>	<p>Recommendation to area board</p> <p>Award in Full £1,290</p>
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The recommendation from Health and Wellbeing Group to the area board is to Award in Full.

Report Author
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